







CHALLENGES HAVE THEIR ROOTS IN SPIRITUAL AND CORPORAL WORKS OF MERCY.

October Spiritual Work of Mercy comfort the afflicted

PRAY TO GOD this month for someone who you know is sad. Pray an Our Father for that person.



2

FIND a picture of Our Lady's "Comforter of the Afflicted" or "Our Lady of Sorrows" that you like. Share it with a sibling or friend.

3

DRAW A PICTURE and find a Bible verse that you like, write it on a card and give it to a friend who is sad.