







CHALLENGES HAVE THEIR ROOTS IN SPIRITUAL AND CORPORAL WORKS OF MERCY.



AUGUST Corporal Work of Mercy Visit the Sick



PRAY TO GOD for someone you know is sick or for the caregivers of that sick person. **Pray an Our Father for that person.**



2

MAKE A CARD To send to someone you know who is not well.

- Individuals in a nursing home
- People who are shut-ins
- Someone who has a terminal illness

3

VOLUNTEER to play a game with an elderly neighbor. Play cards, a board game or learn a new game from your new friend.