

MAY

CORPORAL WORK OF MERCY

GIVE FOOD
TO THE HUNGRY



Food is a fundamental and basic human need. It is what nourishes us in order to be able to live. Feeding the hungry means providing nourishment through charity and hospitality.

1 IDENTIFY A PERSON(S)

who you can to invite over for dinner or take out to lunch that **GOD HAS PLACED ON YOUR HEART**. Pray for this person.

Schedule it on your calendar.

An example would be: Invite clergy out for lunch or to your house for dinner.

Another example: Bring lunch to your co-worker who is struggling to make ends meet.

2

EAT DINNER AS A FAMILY as often as you can during the week with no screen time. Be sure to say the meal prayer before (and after) your meal.

Grace After Meals

We give Thee thanks O Almighty God for these and all Thy gifts which we have received from Thy goodness through Christ our Lord.

Amen

3

VOLUNTEER as a family or as an individual to serve a meal in our community.

An example would be: Help out with Funeral Ministry meals at your parish.

St. Augustine: Leona Barten: 218-328-5520

St. Joseph: Contact the Parish Office: 218-326-2843

Another example: Volunteer at one of our local non-profits who provides meals. (See Handout)

2025 MONTHLY MISSION CHALLENGE

TO ACCOMPANY A PERSON OR PERSONS NOT ACTIVE OR OUTSIDE OF OUR FAITH COMMUNITY WITH INTENTIONAL ACTIONS, TO ATTAIN HEAVEN TOGETHER, WITH THE HELP OF GOD.

Each month during 2025, there will be a series of challenges for parishioners (everyone is invited to participate). These challenges will help you grow in your own faith while you journey with another person.



St. Augustine and St. Joseph will have a month-long display in their respective gathering space. As you complete the monthly challenge, add a written note of your own experience to the display.

CHALLENGES HAVE THEIR ROOTS IN SPIRITUAL AND CORPORAL WORKS OF MERCY.

Give Food to the Hungry

Local Non-Profits

Community Café

Monetary Donations Needed

communitycafemn.org

Meals on Wheels

Delivery Drivers

218-999-1045

Elder Circle

Grocery Shopping and Delivery

Monetary Donations Accepted

eldercircle.org/volunteer-service/

218-999-9233

Second Harvest Northland

Warehouse/Food Bank or Assisting in Food Shelf

Monetary Donations Needed

secondharvestnorthland.org/get-involved/volunteer/

(218) 999-4133

Grace House

Preparing Meals or Dropping off Prepared Meals

Monetary Donations Accepted

gracehousemn.org

218-326-2790

Habitat for Humanity

Lunch Provider for work site crew

Monetary Donations Accepted

itascahabitat.org/volunteer

218-999-9001



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