

# October

## *Spiritual Work of Mercy*

# comfort the afflicted

**1 IDENTIFY A PERSON** this month who is feeling down that **GOD HAS PLACED ON YOUR HEART**. Pray for them. Reach out to this person and accompany them on their journey of grief or difficult time.

**2 LEARN** and then share about Our Lady's title as "Comforter of the Afflicted" or "Our Lady of Sorrows." LINK: <https://salvemariaregina.info/SalveMariaRegina/SMR-172/Comforter.htm>

**3 PRAY in the Church or Adoration Chapel** and give a scripture card to someone who is grieving. Scripture cards are available at each church.



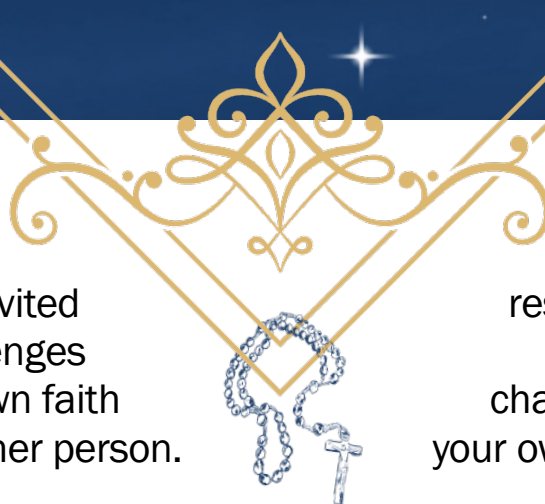
*Walk with others through their pain. Encourage those who seem discouraged. Offer sympathy to those who are grieving.*

**CHALLENGES HAVE THEIR ROOTS IN SPIRITUAL AND CORPORAL WORKS OF MERCY.**

## 2025 MONTHLY MISSION CHALLENGE

TO ACCOMPANY A PERSON OR PERSONS NOT ACTIVE OR OUTSIDE OF OUR FAITH COMMUNITY WITH INTENTIONAL ACTIONS, TO ATTAIN HEAVEN TOGETHER, WITH THE HELP OF GOD.

Each month during 2025, there will be a series of challenges for parishioners (everyone is invited to participate). These challenges will help you grow in your own faith while you journey with another person.



St. Augustine and St. Joseph will have a month-long display in their respective gathering space. As you complete the monthly challenge, add a written note of your own experience to the display.