

## AUGUST Corporal Work of Mercy Visit the Sick



Health is a gift and blessing and we give thanks for this grace by reaching out to those who are in need. Those who are sick are often forgotten or avoided. In spite of their illness, these individuals still have much to offer to those who take the time to visit or comfort them.

- **IDENTIFY A PERSON(S)** this month who are sick or a caregiver of an ill individual that **GOD HAS PLACED ON YOUR HEART.** Pray for this person. Bring flowers, something to eat, do a chore or run errands for them.
- 2
- GIVE BLOOD—Make a commitment to Donate Blood in the upcoming months.
- 3
- **VOLUNTEER** at a local nursing home. There are a large variety of needs at nursing home facilities. A possible needs is to visit one on one with residents. Another example is: read aloud a story or play a board game with residents.



## 2025 MONTHLY MISSION CHALLENGE

TO ACCOMPANY A PERSON OR PERSONS NOT ACTIVE OR OUTSIDE OF OUR FAITH COMMUNITY WITH INTENTIONAL ACTIONS, TO ATTAIN HEAVEN TOGETHER, WITH THE HELP OF GOD.

Each month during 2025, there will be a series of challenges for parishioners (everyone is invited to participate). These challenges will help you grow in your own faith while you journey with another person.

St. Augustine and St. Joseph will have a month-long display in their respective gathering space. As you complete the monthly challenge, add a written note of your own experience to the display.

CHALLENGES HAVE THEIR ROOTS IN SPIRITUAL AND CORPORAL WORKS OF MERCY.